

GUIDELINES FOR ASSIGNING THE LEVEL OF DIFFICULTY FOR SMSKN TRIPS

RATING	NOVICE 0	BEGINNER 1	INTERMEDIATE 2	ADVANCED 3	EXTREME 4
DISTANCE, NAUTICAL MILES PER DAY	< 2	< 6	< 15	< 25	> 25
DISTANCE FROM SHELTER/LANDING NAUTICAL MILES	< 1/4	< 1/2	< 1	< 3	> 3
WAVE HEIGHT, FEET (WAVES, NOT SWELLS)	< 1/2	< 1	< 3	< 6	> 6
PACE, KNOTS	< 2	2 - 2.5	2.5 - 3	3 - 4	> 4
TIME BETWEEN BREAKS, HOURS	< 1/2	< 1	< 2	< 5	> 6